

## Listening Cloze Test 5

متن را گوش کنید و سعی کنید جای خالی ها را پر کنید. برای سادگی بیشتر، تعداد کلمات جای خالی با فاصله مشخص شده است. هرچند بار که خواستید می توانید pause کرده و دوباره گوش کنید. وقتی کلمات را نوشتید بررسی کنید که آیا این کلمات از نظر گرامری و معنایی به جای خالی ها می خورند یا نه.

**Tutor:** Good afternoon, I hope everything is going well? Right, we've been looking at problems some people have with eating and today I'd like to focus on one you've probably 1) \_\_\_\_\_ in your reading. It is sometimes called binge eating disorder, or BED. As you know, I am not a particular fan of these acronyms, so I will refer to it by the 2) \_\_\_\_\_, compulsive 3) \_\_\_\_\_: Has anybody heard of it?

**Mary:** Yes, I have. In fact, I read a case study of a first-year university student who was 4) \_\_\_\_\_ with it.

**Tutor:** Do you remember what the symptoms are?

**Mary:** Well, of course, one symptom is that the person eats too much, although that's true for other eating disorders as well. They also 5) \_\_\_\_\_.

**Tutor:** That's right, whereas in some other conditions, such as bulimia, they don't, and can actually lose weight. One thing that compulsive eating disorder and bulimia 6) \_\_\_\_\_, though, is that the person with the condition often becomes 7) \_\_\_\_\_.

**Peter:** Are you saying that everybody who is overweight is suffering from the disorder?

**Tutor:** Not at all. What makes the compulsive eater different is the pattern of the disorder. Initially, as we've said, the compulsive eater starts eating too much. This seems to be because the sufferer 8) \_\_\_\_\_ and eating is seen as a way of coping with problems. They don't eat because they feel hungry. Mary, in the case study you read, was there any reference to what 9) \_\_\_\_\_?

**Mary:** I seem to recall that the student was suffering from stress because she was revising for exams, and she started eating snacks, junk food, while she was studying. Soon, she was eating snacks all the time and it just 10) \_\_\_\_\_.

**Tutor:** Yes, that sounds plausible, although compulsive eating often starts a lot earlier than the case you describe. Anyway, once the condition has been triggered, often by 11) \_\_\_\_\_ as you mentioned, it becomes progressively worse. Over a period of time, the sufferer loses control of their 12) \_\_\_\_\_, they become preoccupied with food, and the binge eating increases. Overeating blocks out negative emotions such as loneliness, worries about work, 13) \_\_\_\_\_ and so on, but it is only a temporary effect. Apart from the 14) \_\_\_\_\_ that overeating often causes, the sufferer begins to 15) \_\_\_\_\_ by their behaviour. They then take drastic action to try to compensate. In an attempt to lose weight, compulsive eaters will 16) \_\_\_\_\_, skipping meals or going without any food at all for a day or more.

**Peter:** Not a healthy way to try to lose weight, obviously.

**Tutor:** Absolutely. And, of course, the person has to start eating again 17) \_\_\_\_\_.

**Mary:** In other words, it becomes 18) \_\_\_\_\_?

**Tutor:** That's right. Binge eating, extreme dieting or attempts to lose weight by other means, and then binge eating again.

**Peter:** What are 19) \_\_\_\_\_ of compulsive eating?

**Tutor:** As you might expect, these are similar to those for people suffering from 20) \_\_\_\_\_. Diabetes is frequently reported.

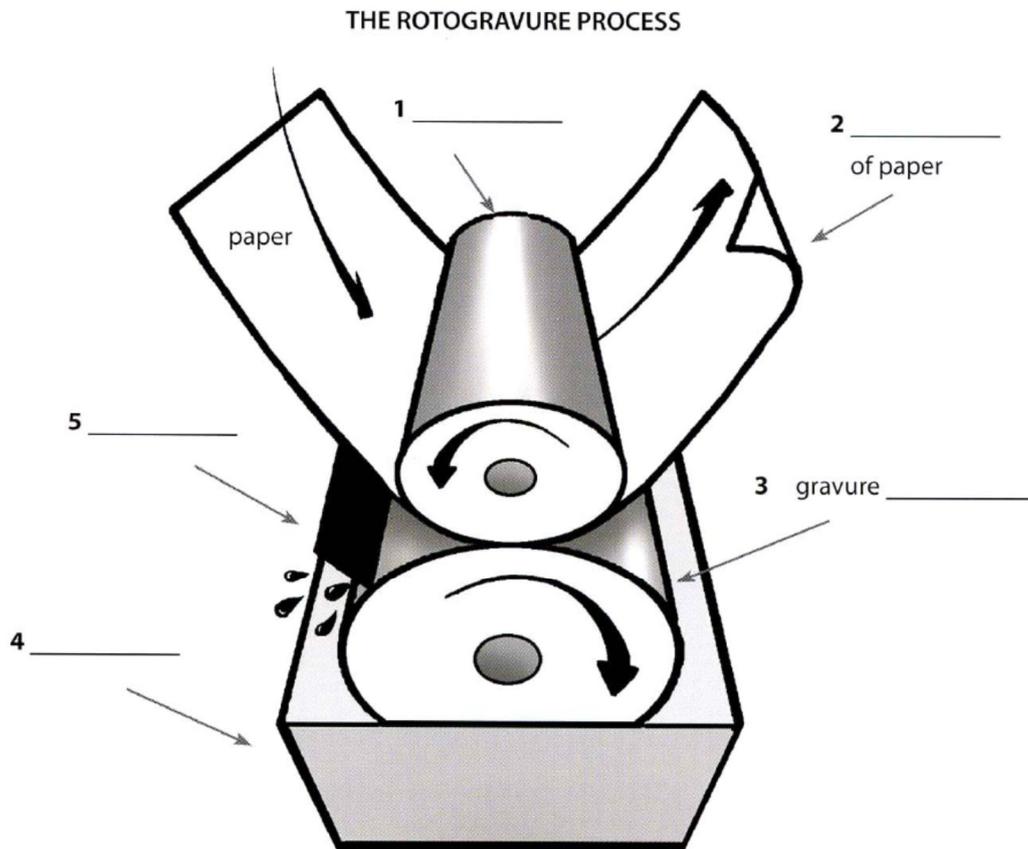
## Listening Transcribing 5

جملات را کامل گوش کنید و سعی کنید به خاطر بسپارید و بنویسید. بعد از هر جمله می توانید Pause کرده و جملات را بنویسید. اما مهم است که جملات را کامل گوش کرده و بدون Pause در داخل جمله آنها را بفهمید، حفظ کرده و بنویسید.

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20. \_\_\_\_\_

## Listening 15

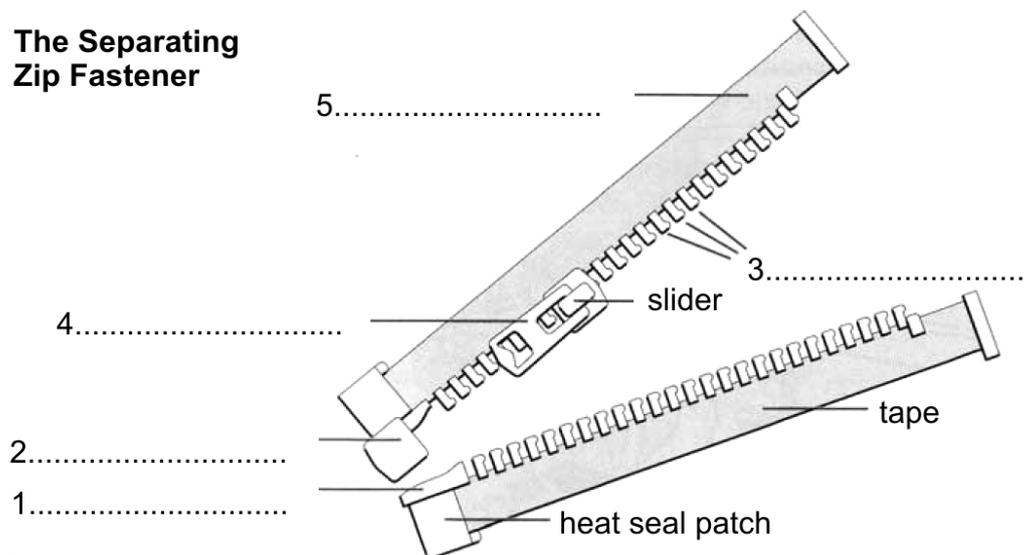
Complete the diagram below. Write **NO MORE THAN TWO WORDS** for each answer.



## Listening 16

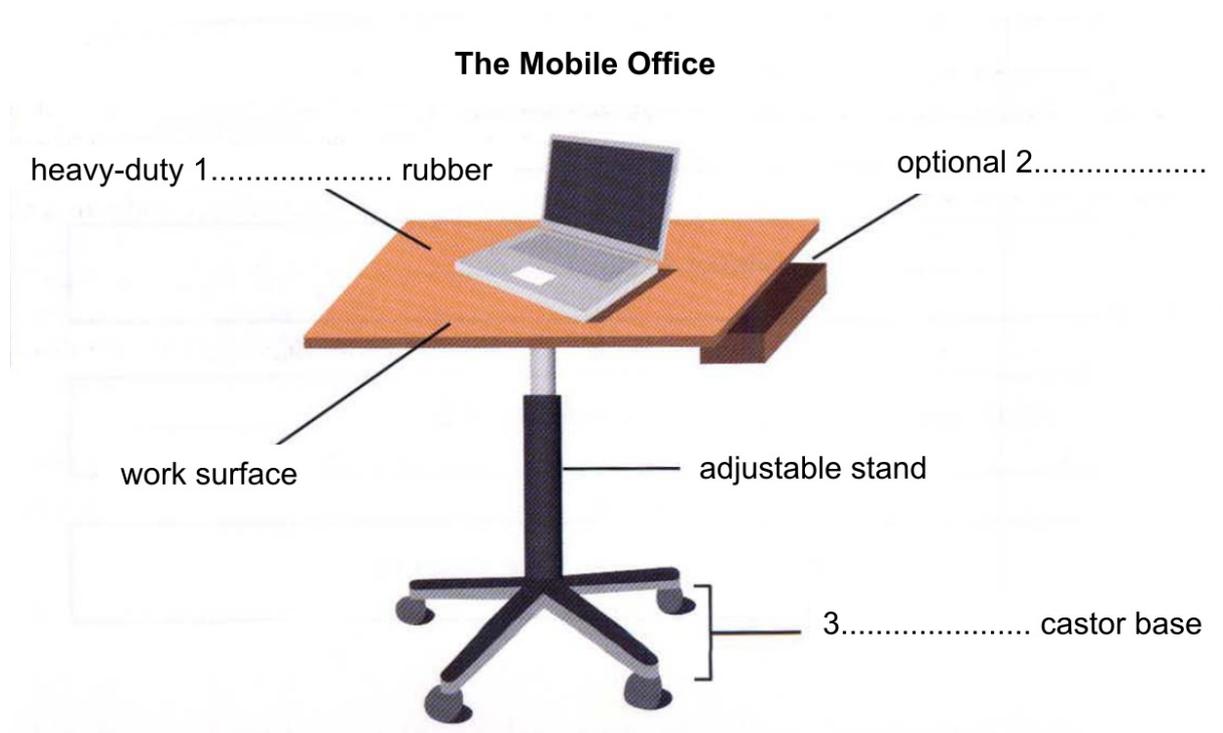
Complete the diagram below. Write **NO MORE THAN TWO WORDS** for each answer.

### The Separating Zip Fastener



## Listening 17

Complete the diagram below. Write **NO MORE THAN TWO WORDS** for each answer.



## Listening – Spelling and Pronunciation 5

به کلماتی که می شنوید خوب گوش کنید و سعی کنید آنها را بنویسید. در این تمرین املائی کلمات بسیار اهمیت دارد.

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